



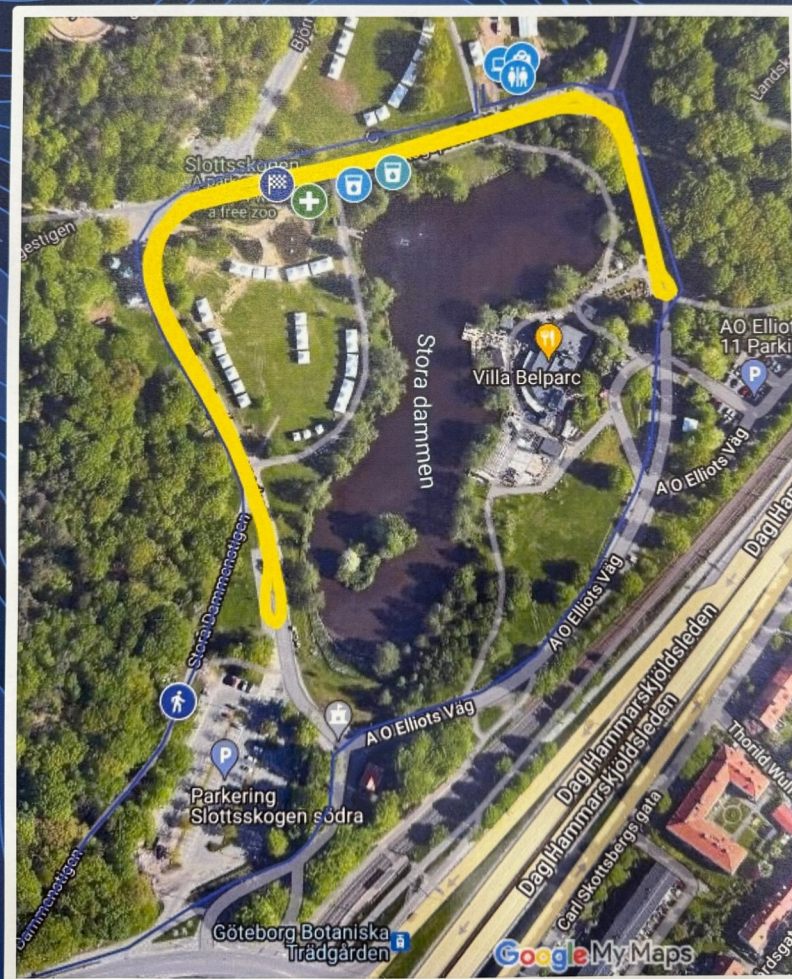
RACE WALK

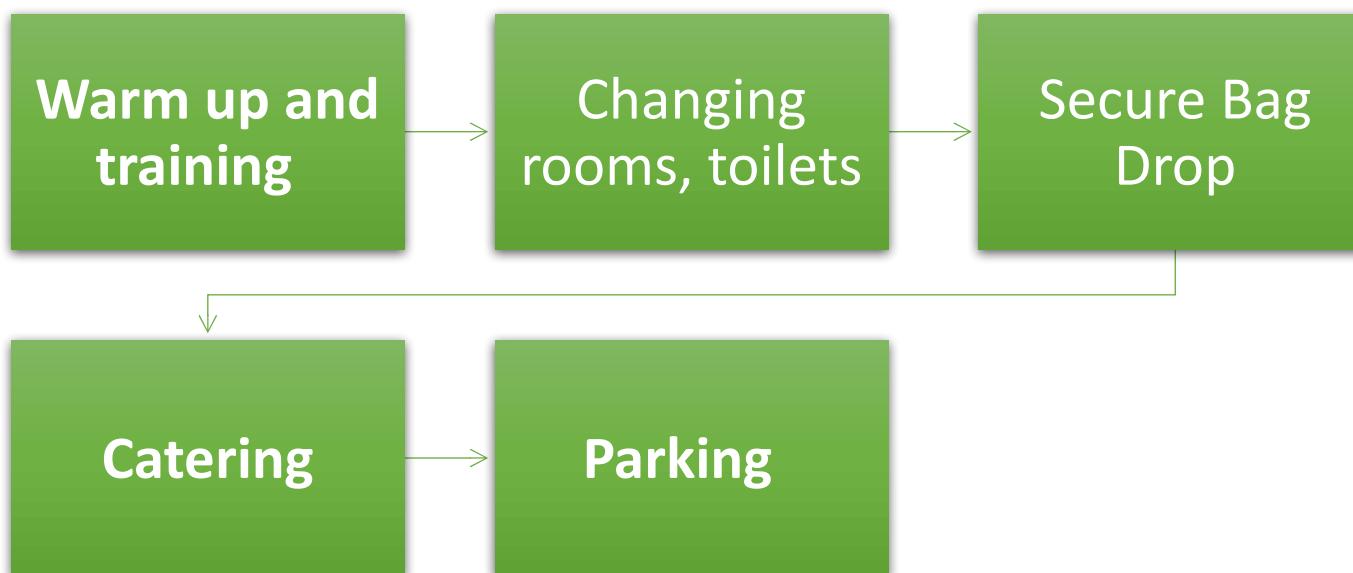


Slottsskogen City Park

ROAD RACE WALK

17 AUG / 25 AUG





10K ROAD RACE WALK TIME TABLE

DATE	CALL ROOM	TIME	CATEGORY	NUMBER
17.8	7:00 - 7:40	8:00	W60+	32+24+13+12+5=86
	8:45 - 9:25	9:45	W35-55	8+13+11+23+24=79
	11:30 - 12:10	12:30	M70+	24+20+11+1+1=57
	14:30 - 15:10	15:30	M55-65	25+26+33=84
	16:00 - 16:40	17:00	M35-50	7+17+21+21=66

Cut Time: 1h 30min

JUDGING

- One Posting Boards shall be placed on the course and near the finish to keep athletes informed about the number of Red Cards that have been sent to the Chief Judge for each athlete.
- The competitors will receive notices from the judges (Yellow Paddle) with the symbol of the offence on each side.
- An athlete who is disqualified shall immediately remove the bibs and leave the course.



Appeals

If the athlete does not agree with a decision made by the Referee, the athlete or their team manager may then make a written appeal to the Jury of Appeal.

Any appeal must be lodged at the TIC at the main stadium.

The time limit for lodging an appeal is 60 minutes from the time the results are posted.

5000m RACE WALK

DATE	TIME	CATEGORY	NUMBER
19.8	9:30	W35-45	9+13+10=32
	10:25	M35-40	5+14
	11:10	W50	23
	12:05	W55	25
	13:40	M45	21
	14:25	W60	25
	15:20	M50	20

5000m RACE WALK

DATE	TIME	CATEGORY	NUMBER
20.8	8:15	W65-70	17+18=35
	9:10	M55	23
	9:55	M70	23
	10:50	W75+	11+6=17
	11:45	M80+	11+8+1+1=21
	13:15	M75	24
	14:10	M60	29
	14:55	M65	31

20K ROAD RACE WALK

Slottsskogen City Park

DATE	CALL ROOM	TIME	CATEGORY	NUMBER
25.8	8:00 - 8:40	9:00	W35+	6+8+6+10+16+14+11+8+7=86
	12:00 - 12:40	13:00	M35+	23+19+14+16+5+1+1+4+10+14+19=126

Cut Time: 3h 30m

REFRESHMENT

Refreshments will be available on the course – both water. Refreshment stations will be at the start and at the finish line.

The athletes are allowed to have their own refreshments. They must be clearly marked with the bib number and will be available on the table for personal refreshments.

For this they must bring the drinks to the tables provided for this purpose in the designated area. A maximum of two officials per country may be stationed behind the drinks table to manage the personal refreshments of the athletes competing.

No refreshments to be issued outside the refreshment zone.

Country representatives must not in any way interfere with the progress of the race.

An athlete who receives or collects refreshment or water from a place other than the official stations or takes the refreshment of another athlete, should, for a first such offence, be warned by the

Referee normally by showing a yellow card. For a second offence, the Referee shall disqualify the athlete, normally by showing a red card.

TEAM SCORING

In each event a team ranking will be issued by addition of the time of the three best athletes of the team.

There are 2 kinds of teams:

1) **Natural Team** - 3 athletes from the same country in the same age group; No information from the Team Manager to the TIC is needed before the race.

2) **Compose Team** - 3 athletes from the same country but from different age groups competing in the same race. This team competes in the lower age group of one of the athletes.

Compose Team **is not allowed** if a natural team is possible in one of the concerned age group.

These athletes will compete in their own age group for individual ranking.

An athlete from an older group **who competes in a younger group (different start) will not be able to compete for the individual result.**

COMPOSED TEAMS REGISTRATION

**Registration deadline for the Composed
Teams (at the TIC):
17:00 of the day before the Event.**

CLOTHING AND SHOES

Rule 5.1. Athletes must not wear clothing which could impede the view of the Judges.

Rule 5.13.3 Any shoe used in competition must have a sole with a maximum thickness of no more than 40mm



SAFETY OFFICERS

The Safety Officers will be presented during the Championship and for any of the following circumstances they can ask the athlete to leave the Championship area.

They will give two yellow cards before the disqualification. This disqualification may arise in the following situations:

- For showing inability to finish a competition.*

For looking exhausted and unable to continue in a healthy manner.

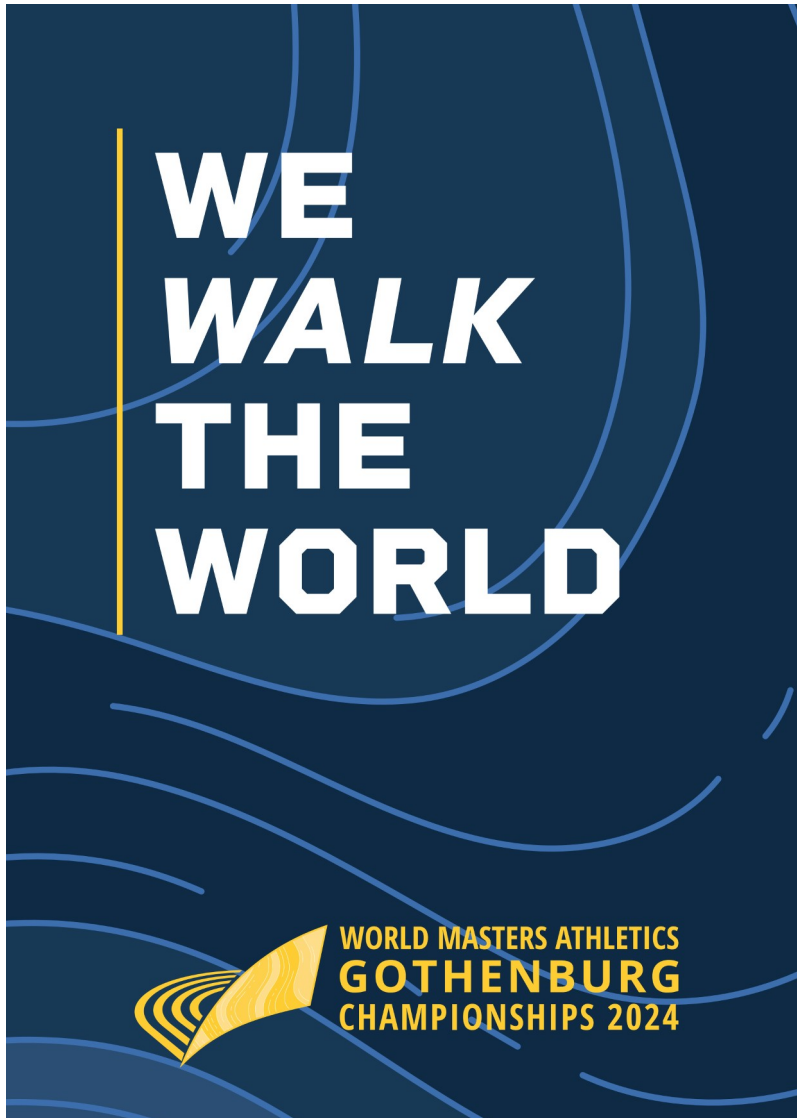
- For obstructing another competitor.*

When a Referee S.O. has given previous advices by using Yellow Cards, the Safety Officer will disqualify the athlete using a Red Card. This athlete will have to leave immediately the event. If the disqualified athlete is abusing or attacking the Safety Officer, this athlete can be suspended from all the other competition he is registered for.

The incident will be reported to the national federation.

Race Walk Judges

- ▶ Vesna Repic-Cujic SRB Chief Judge
- ▶ Joyce Burrows USA
- ▶ Maria Alvaro MEX
- ▶ Brian Keaveney CAN
- ▶ Janusz Krynicki POL
- ▶ Birgitta Muehlberger AUT
- ▶ Franz Schestack AUT
- ▶ Roberto Apaceiro CUB
- ▶ Marianne Dahllof SWE



- **GOOD LUCK!**
- **GOOD WEATHER!!!**